



Order of Events

1. 50M (ages 5-8)
2. 400M
3. 100M
4. 800M
5. 200M
6. 1600M

Field Events

1. Long Jump (All ages)
2. Shot Put (ages 9-14)
3. Discus (ages 9-14)
4. Softball Throw (ages 5-8)

Held throughout the meet. If you are at a field event, such as the long jump, and you hear your running event being called, please leave the field event and run the race. Once you finish the running event please go back to your field event to finish competing.

