



### Order of Events

1. 50M (Ages 5-8)
2. 400M
3. 100M
4. 800M
5. 200M
6. 400 Race Walk
7. 1600M (Mile)

### Field Events

- Long Jump
- Shot Put (Ages 9 and up)
- Discus (Ages 9 and up)
- Softball Throw (Ages 5-8)

Held throughout the meet. If you are at a field event, such as the long jump, and you hear your running event being called please leave the field event and run the race. Once you finish running please go back to your field event to finish if needed.

